



Questions to Ask a Potential OB

Qualifications and Experience:

- Are you board-certified in obstetrics?
- How long have you been practicing?
- Do you have experience with high-risk pregnancies (if applicable)?

Approach to Pregnancy and Childbirth:

- What is your philosophy on pregnancy and childbirth?
- Can you describe your approach to natural birth versus medical interventions?
- How do you handle complications during pregnancy and labor?

Hospital Affiliation:

- Which hospital(s) are you affiliated with?
- Can you provide information about the hospital's labor and delivery facilities?
- What are the hospital's policies on birthing options, like water birth or VBAC (vaginal birth after cesarean)?

Availability and Accessibility:

- What is your policy on after-hours questions or emergencies?
- How often will I have check-ups throughout my pregnancy?
- Who will see me if you are unavailable?

Insurance and Billing:

- Do you accept my health insurance?
- Can you provide a rough estimate of the out-of-pocket costs for prenatal care and delivery?
- How does billing and payment work within your practice?



Support Team:

- Will I see you at each appointment, or will I also meet with other practitioners?
- Can you tell me about the nurses or support staff at your practice?
- Do you collaborate with any midwives or doulas?

Communication and Comfort:

- How do you handle questions or concerns between appointments?
- Can you tell me about your approach to patient education during pregnancy?
- How do you ensure a comfortable and respectful environment for your patients?

Pregnancy Complications and Concerns:

- How do you manage common pregnancy issues like morning sickness or gestational diabetes?
- What is your experience with (any specific concerns you have)?
- How are emergencies or unexpected complications during delivery handled?

Postpartum Care:

- What kind of postpartum support can I expect from your practice?
- How do you approach issues like postpartum depression?
- What is your stance on breastfeeding, and what support do you offer?

Personal Preferences and Comfort:

- What is your policy on family members being present during appointments and labor?
- How do you support a patient's birth plan?
- Do you have any specializations or areas of interest within obstetrics that might align with my needs or preferences?